

Reduce premature mortality in the most deprived areas			
Actions 2009 - 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • development of a programme of work on key influences on health eg income/poverty, education, employment and housing • implement fuel poverty action plan, co-ordination of other winter deaths initiatives. • Reduce child poverty (see CYP Plan) <p>Lives people lead:</p> <ul style="list-style-type: none"> • Develop action on the key behaviour changes which have a high impact on life expectancy including providing systematic brief interventions, marketing material and community engagement • Develop targeted programme of work around alcohol (see separate action template) • Develop programmes addressing obesity and physical activity (see separate activity template) • Develop work around smoking targeted at the worst 10% deprived neighbourhoods (see separate activity template) <p>Services people use:</p> <ul style="list-style-type: none"> • Develop Healthy Living services within neighbourhoods (weight management/smoking cessation/alcohol brief interventions/health 			

<p>trainers) and broader poverty/well being services</p> <ul style="list-style-type: none"> • implement a comprehensive social marketing approach to Putting Prevention First (vascular check for those between 40-75) • Interventions to target circulatory diseases including increasing the number of smoking quitters and improved blood pressure and cholesterol control. • Develop an action plan to ensure equitable access to primary care services for vulnerable groups • Develop work with Practice Based Commissioning to ensure the above high impact interventions are in place in the worst 10% deprived neighbourhoods • develop a programme of initiatives at LTHT in order to utilise that setting to address issues around alcohol, smoking and weight management, and to ensure the equitable provision of CHD, cancer and respiratory care secondary services • Develop targeted cancer programmes . • Develop focussed infant mortality work <p>Community development and involvement:</p> <ul style="list-style-type: none"> • Development of community capacity to ensure engagement with above programmes. • Development of a Self Care Strategy and Programme for those with long term conditions, including health literacy work and the Health Trainers Programme. 			
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Reduce premature mortality in the most deprived areas	
Lead partner and Partnership	Contributing partners
NHS Leeds Healthy Leeds JSCB – Promoting Health and Wellbeing Sub Group	Leeds City Council Leeds Partnership Foundation NHS Trust Leeds Teaching Hospitals NHS Trust VCF sector through Leeds Voice Health Forum Natural England WY Fire and Rescue Service
Related strategies/ Plans	Indicators and targets
Leeds Tobacco Control Strategy 2006 to 2010 Food Matters: a food strategy for Leeds 2006 to 2010 Active Leeds : a physical activity strategy 2008 to 2012 Infant Mortality Plan Accident Prevention Framework 2008 to 2011 Children and Young People’s Plan 2009 to 2014 (in preparation)	NI 120 All Age All Cause Mortality rate Target 639 per 100,000 (females living in 10% most deprived SOAs) Citywide target 472 per 100,000 Target 1,002 per 100,000 (males living in 10% most deprived SOAs) Citywide target 715 per 100,000 NI 121 Mortality rate from circulatory diseases at ages under 75 (per 100,000 population) Target 76.2 per 100,000 population

Reduce the number of people who smoke			
Actions 2009 - 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • Maintain compliance of smoke free legislation • Media campaign and free phone helpline • gather and use the full range of data to inform tobacco control • To maintain and promote smoke free environments <p>Lives people lead:</p> <ul style="list-style-type: none"> • review the current schools pilot programme to reduce uptake of smoking amongst teenagers, further develop if necessary and deliver particularly in the most deprived areas • reduce smoking in pregnancy • explore the feasibility of extending smoke free to external family areas • further extend the Smoke Free Homes Project particularly in the most disadvantaged areas and link with the citywide infant mortality programme <p>Services people use:</p> <ul style="list-style-type: none"> • review the current structure for the delivery of the tobacco programme and ensure that local capacity for tobacco control is strengthened and sustained 			

<ul style="list-style-type: none"> • increase the capacity of stop smoking support by developing new services in a range of settings, including: hospitals and prisons • continue to focus the specialist element of services in the most deprived communities in line with other Healthy Living Services • review current stop smoking services for specific groups e.g. South Asian Communities, pregnant women and consider recommendations for further development • work with health care professionals to ensure the issue of smoking is raised in a systematic and routine manner and effective referral pathways are developed and maintained. <p>Community development and involvement:</p> <ul style="list-style-type: none"> • develop work with communities around reducing accessibility to tobacco products and particularly counterfeit and smuggled tobacco products. 			
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Lead partner and Partnership	Contributing partners
NHS Leeds Healthy Leeds JSCB – Promoting Health and Wellbeing Sub Group	Leeds City Council Leeds Partnership Foundation NHS Trust Leeds Teaching Hospitals NHS Trust VCF sector through Leeds Voice Health Forum
Related strategies/ Plans	Indicators and targets
Leeds Tobacco Control Strategy 2006 to 2010 Children and Young People’s Plan 2009 to 2014 (in preparation)	NI 123 Stopping smoking Target 682 per 100,000 population

Reduce alcohol related harm			
Actions 2009 - 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • Reduce the rate of alcohol related crime and disorder, anti-social behaviour and domestic abuse in line with the priorities and targets of the Safer Leeds Partnership • Promote responsible management of licensed premises through effective implementation of the Licensing Act 2003 • Further develop an effective data collection system in relation to the impact that alcohol has on crime and health and link to an efficient performance management system to promote quality standards • Reduce economic loss due to alcohol • Reduce the negative impact that alcohol has on children, young people and their families • reduce the percentage of the public who perceive drunk and rowdy behaviour to be a problem • Tackle domestic violence linked to the misuse of alcohol <p>Lives people lead:</p> <ul style="list-style-type: none"> • Develop with partners, effective communication and public information mechanisms to carry key prevention messages to promote a culture of responsible drinking 			

<p>Services people use:</p> <ul style="list-style-type: none"> • Promote a model of prevention which fully addresses alcohol issues throughout the education system. • Increase knowledge and understanding of alcohol related harms in the general and trained workforce • Develop equitable strategies for prisoners in Leeds district with alcohol related problems. • Develop a programme of activities to reduce the level of alcohol related health problems, including alcohol related injuries and accidents, and to improve facilities for treatment and support. • Ensure that a co-ordinated, stepped programme of treatment services for people with alcohol problems is effective, appropriate and accessible, with adequate capacity to meet demand, in line with four tiered framework contained in Models of Care for Alcohol Misusers. • Develop efficient early brief intervention and prevention programmes • Develop young people – led alcohol harm minimisation action plan <p>Community development and involvement:</p>			
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Reduce alcohol related harm	
Lead partner and Partnership	Contributing partners
<p>NHS Leeds</p> <p>Healthy Leeds JSCB – Promoting Health and Wellbeing Sub Group</p> <p>Safer Leeds/ Healthy Leeds Alcohol Board</p>	<p>Leeds City Council</p> <p>Leeds Partnership Foundation NHS Trust</p> <p>Leeds Teaching Hospitals NHS Trust</p> <p>VCF sector through Leeds Voice Health Forum</p>
Related strategies/ Plans	Indicators
<p>Leeds Alcohol Strategy 2007 to 2010</p> <p>Safer Leeds Partnership Plan 2008 to2011</p> <p>Children and Young People’s Plan 2009 to 2014 (in preparation)</p>	<p>To be determined locally</p>

Reduce rate of increase in obesity and raise physical activity for all			
Actions 2009 – 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • Establish effective coordination across all sectors with clear consistent messages about physical activity. • Develop and implement an adult obesity strategy for Leeds • work with local authority to promote flexibilities in planning arrangements and urban design to manage the proliferation of fast food outlets tackle issues of poor food access, and increase opportunities for physical activity. • Work with employers to promote healthy eating and activity as part of healthy workplaces part of their core business • Ensure the public sector addresses issues of healthy eating, safe and sustainable food within is catering arrangements and food provision • Work with employers to promote healthy eating and activity as part of healthy workplaces part of their core business <p>Lives people lead:</p> <ul style="list-style-type: none"> • Increase the number of trips made by walking and cycling • Ensure the sustainability of social marketing activities • Improve peoples ability to choose and obtain healthy food that meets nutritional requirements that are right for their stage of life. • Support a range of organisations to promote and provide practical support around health lifestyle messages around being a healthy 			

<p>weight, eating a balanced diet and increasing physical activity.</p> <ul style="list-style-type: none"> • Use the National Change 4 Life social marketing programme to support and empower people to make changes to diet and activity • Develop and implement breastfeeding strategy • Ensure regular physical activity is sustained beyond 16 years+. • Increase the number of older people taking part in regular physical activity. <p>Services people use:</p> <ul style="list-style-type: none"> • Ensure there are appropriate pathways to identify and manage overweight and obese individuals linking to a variety of agencies. • Invest in Putting prevention first programmes in primary care services • Developing healthy living services within neighbourhoods including weight management services • morbid obesity surgery. • Develop and implement a range of physical activity training programmes and opportunities • Promote the use of Active Leeds Physical Activity Tool Kit • Train front line workers in consistent messages around behaviour change, healthy weight, balanced diet and physical activity <p>Community development and involvement:</p> <ul style="list-style-type: none"> • Support communities in developing and maintaining physical activity programmes • Ensure the needs of the most disadvantaged people and communities are met through better local partnerships 			
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Reduce rate of increase in obesity and raise physical activity for all	
Lead partner and Partnership	Contributing partners
Leeds City Council Children Leeds ISCB Healthy Leeds JSCB – Promoting Health and Wellbeing Sub Group	Children Leeds Partners NHS Leeds Sport England Education Leeds Youth Sports Trust VCFS Sector
Related strategies/ Plans	Indicators
Food Matters: a food strategy for Leeds 2006 to 2010 Active Leeds : a physical activity strategy 2008 to 2012 Children and Young People’s Plan 2009 to 2014 Leeds Childhood Obesity Strategy 2001 2016 Leeds School Meals Strategy Adult Obesity Strategy (in preparation)	NI 57 Children and young people’s participation in high quality PE and sport NI 8 Adult participation in sport and active recreation To be determined by March 2009

Reduce teenage conception and improve sexual health			
Actions 2009 – 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • Campaigns to target the general population of Leeds to reduce stigma related to sexual health • Increase positive work with the local media <p>Lives people lead:</p> <ul style="list-style-type: none"> • Deliver evidence based programme of improving skills, knowledge, confidence, aspirations and empowering the most vulnerable to sexual ill health • Developing a communications plan for both young people, adults and professional and links between sexual health and teenage pregnancy work . • Increase community based and outreach initiatives with vulnerable groups • Increase programmes developing skills and knowledge of gay men, young people and African and African Caribbean communities • Support the health and wellbeing for those living with HIV and AIDS • Develop local teenage pregnancy data and set up system for sharing data across agencies • Undertake young people’s sexual health needs assessment • Review existing provision of Sex and Relationship Education within educational and non-educational settings • Review impact of transition from Youth Service Health Education 			

<p>Team to generic services</p> <ul style="list-style-type: none"> • Ensure Leeds Family Support and Parenting Strategy and work plan increases parents' confidence to discuss sexual health and relationship issues <p>Services people use:</p> <ul style="list-style-type: none"> • Ensure access to local services that are integrated, holistic and sensitive and appropriate to people from different backgrounds. • Increase access to and improve knowledge of contraception. • Ensure screening programmes are accessible and acceptable to target groups • Ensure prevention is integral to all clinical services • Increase HIV testing in a range of settings • Increase service provision in deprived areas, through GP practices, pharmacies, prisons • Improve the skills and knowledge of professionals in offering all forms of contraception and STI and HIV testing, STI treatment and sex and relationships education • Increase access to emergency contraception and improve the uptake of contraception post pregnancy or terminations • Expand the Chlamydia screening programme • Increase access to HIV treatment for gay men and African communities • Develop single access point for all sexual health services • Review existing services against the needs and identify gaps • support for parents and carers on talking to children about sex and relationship issues at Children's Centres <p>Community development and involvement:</p>			
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Reduce teenage conception and improve sexual health	
Lead partner and Partnership	Contributing partners
Leeds City Council Children Leeds ISCB – Teenage Pregnancy and Parenthood Board Healthy Leeds JSCB – Promoting Health and Wellbeing Sub Group	Children Leeds Partners NHS Leeds Education Leeds Leeds Teaching Hospitals NHS Trust VCF sector through Leeds Voice Health Forum
Related strategies/ Plans	Indicators and targets
Teenage pregnancy strategy Sexual health strategy (in preparation) Children and Young People’s Plan 2009 to 2014 (in preparation) Alcohol Strategy	NI 112 Under 18 conception rate – disaggregated to focus on the 6 wards in the city with the highest rates of conception Target 45 rate per 1,000 population

Improve the assessment and care management of children, families and vulnerable adults			
Actions 2009 – 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <p>Lives people lead:</p> <p>Services people use:</p> <ul style="list-style-type: none"> • Provide efficient and effective out of hours service and redesign care management process • Improve services for people from BME backgrounds, people with personality disorders and young people who have committed offences • Ensure arrangements are in place for protecting people with learning disabilities from abuse through improving assessment and care management • Implement self directed support pilot for learning disability services • Improve care planning for young people in transition • Embed the Common Assessment Framework in Children’s Services to provide early assessment and multi-agency actions centred around individual children and young people’s needs <p>Community development and involvement:</p>			

Improve the assessment and care management of children, families and vulnerable adults	
Lead partner and Partnership	Contributing partners
<p>Leeds City Council</p> <p>Children Leeds ISCB</p> <p>Healthy Leeds JSCB – Priority Groups sub-group</p>	<p>NHS Leeds</p> <p>Leeds Partnership Foundation NHS Trust</p> <p>Leeds Teaching Hospitals NHS Trust</p> <p>VCF sector through Leeds Voice Health Forum</p> <p>Children Leeds partners</p>
Related strategies/ Plans	Indicators and targets
<p>Children and Young People’s Plan 2009 to 2014 (in preparation)</p> <p>Carers Strategy</p>	<p>NI 132 Timeliness of social care assessment (all adults) Target 85.0%</p> <p>NI 133 Timeliness of social care packages following assessment (all adults) Target 90.0%</p> <p>NI 63 Stability of placements of looked after children: length of placement Target 72 percent</p> <p>NI 66 Looked after children cases which were reviewed within required timescales Target 80 percent</p>

Improve psychological, mental health, and learning disability services for those who need it			
Actions 2009 – 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • Reduce stigma and discrimination • increase opportunities to access employment and meaningful education (LD) • Implement vocational and employment action plan (MH) • Improve access to arts and leisure activities • Deliver up to three accessible changing places in the city centre <p>Lives people lead:</p> <ul style="list-style-type: none"> • Develop services that are based on the principles of personalisation increasing choice and control in support including implementing self directed support and individualised budgets • Mental Health First Aid training for employers <p>Services people use:</p> <ul style="list-style-type: none"> • Transform learning disability services provided by LCC • Implementation of Dual Diagnoses Strategy (substance use and mental health) • Audit of GP registers to monitor number of LD people registered, and level of health screening activity • ensure all LD patients have health checks and Health Action Plans • Develop specialist learning disability health services capacity to support primary care services in meeting LD health needs • Develop the capacity of acute hospitals to provide appropriate 			

<p>services, care and support to meet the needs of LD patients</p> <ul style="list-style-type: none"> • Improve access, uptake and information on health and health services, by developing accessible information • Undertake review of specialist health services for LD patients with continuing treatment needs and develop service model • Develop an inclusive person centred approach to services for people with learning disabilities including access to housing, and improving the transitions process for young adults and their families • Expand services in primary care to increase access to psychological therapies for people with common mental health problems • Improve access to crisis services and early intervention services • Review current mental health service provision and develop joint mental health commissioning plan • Continue work on the vision for Day Services and Day Service opportunities • Implement Independent Living Project to promote social inclusion through procuring a range of housing options in local communities and transforming care and support services <p>Community development and involvement:</p> <ul style="list-style-type: none"> • increase opportunities to enjoy a range of social activities and networks • Continue community development worker service for BME communities • Review user carer involvement structures to ensure fitness for purpose 			
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Improve psychological, mental health, and learning disability services for those who need it	
Lead partner and Partnership	Contributing partners
Leeds City Council Healthy Leeds JSCB – Priority Groups sub-group Children Leeds ISCB	NHS Leeds Leeds Partnership Foundation NHS Trust Children Leeds Partners Leeds Colleges VCF sector through Leeds Voice Health Forum
Related strategies/ Plans	Indicators and targets
Leeds Mental Health Strategy 2006 to 2011 Leeds Emotional Health Strategy 2008 to 2011 (CYP) Learning Disability Strategy (in preparation) Social Inclusion and Mental Health Strategy (in preparation) Children and Young People’s Plan 2009 to 2014 (in preparation) Carers Strategy	VSCO2 -Proportion of people with depression and/or anxiety disorders who are offered psychological therapies. Targets and milestones to be determined by March 2009 NI 58 Emotional and behavioural health of looked after children

Increase the number of vulnerable people helped to live at home			
Actions 2009 – 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • Provide housing support • Use a social model approach to challenge the barriers faced by older people and disabled people to independence, inclusion and equality • Maintain and promote older people's and disabled people's independence for as long as possible <p>Lives people lead:</p> <ul style="list-style-type: none"> • increase take up of Direct Payments by continuing project work so that new applicants are offered individualised budgets from Autumn 09 and others are offered them by review <p>Services people use:</p> <ul style="list-style-type: none"> • explore interactive services such as telehealth, broadband/interactive access and telecare • transform Day and Accommodation Services • early intervention budget-holding for children and families <p>Community development and involvement:</p>			

Increase the number of vulnerable people helped to live at home	
Lead partner and Partnership	Contributing partners
Leeds City Council Healthy Leeds JSCB – Priority Groups sub-group Planned and Urgent Care sub-group	Leeds PCT Leeds Partnership Foundation NHS Trust VCFS bodies through Leeds Voice Health Forum West Yorkshire Fire and Rescue Service Leeds Colleges
Related strategies/ Plans	Indicators and targets
Leeds Housing Strategy 2005 to 2010 Supporting People Strategy 2005 to 2010 Older Better Strategy 2006 to 2011 Children and Young People’s Plan 2009 to 2014 (in preparation) Carers Strategy	NI 141 Percentage of vulnerable people achieving independent living Targets to be determined NI 139 The extent to which older people receive support they need to live independently at home NI 136 People supported to live independently through social services (all adults) Target 66%

Increase the proportion of people in receipt of community services enjoying choice and control over their daily lives			
Actions 2009 - 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <ul style="list-style-type: none"> • continue work to promote financial inclusion <p>Lives people lead:</p> <p>Services people use:</p> <ul style="list-style-type: none"> • continue work on the Self-Directed support programme • increase take up of Direct Payment by continuing project work so that new applicants are offered individualised budgets from Autumn 09 and others are offered them by review • deliver services for older people and disabled people that are flexible and accessible and promote choice and control • Deliver care and support close to where people live, or within their own homes • Ensure that older people and disabled people are treated with respect and dignity at all times • Take an holistic approach to care and support, joining up different elements across professions and agencies • Share good practice across the City, agencies, organisations and professions 			

<p>Community development and involvement:</p> <ul style="list-style-type: none"> • Work to ensure full participation of older people and disabled people in the decisions and processes which affect their lives • Enable older people and disabled people to lead an active and healthy life and be involved as citizens of the city • Promote a positive view of old age and disability 			
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<p>Increase the proportion of people in receipt of community services enjoying choice and control over their daily lives</p>	
<p>Lead partner and Partnership Leeds City Council Healthy Leeds JSCB – Priority Groups sub-group Planned and Urgent Care sub-group</p>	<p>Contributing partners VCFS bodies through Leeds Voice Health Forum and Learning Disability Forum, Older People’s Forum, Physical Disability Forum and Volition.</p>
<p>Related strategies/ Plans Children and Young People’s Plan 2009 to 2014 (in preparation)</p>	<p>Indicators and targets NI 130 social care clients receiving Self Directed Support per 100,000 population Target 127 per 100,000 population</p>

Improve safeguarding arrangements for vulnerable children and adults through better information, recognition and response to risk

Actions 2009 - 2012	Funding status	Impact / outcomes	Lead Officer
<p>Influences on health:</p> <p>Lives people lead:</p> <p>Services people use:</p> <ul style="list-style-type: none"> • Ensure safeguarding is embedded across partners • revise and implement multi-agency adult safeguarding procedures • train new and existing staff on safeguarding procedures • implement work programme of adult safeguarding board • jointly appoint head of adult safeguarding • establish practice standards and competencies • (for children’s safeguarding see CYP Plan) <p>Community development and involvement:</p>			

Improve safeguarding arrangements for vulnerable children and adults through better information, recognition and response to risk	
Lead partner and Partnership	Contributing partners
Leeds City Council Children Leeds ISCB Children Leeds Safeguarding Board Healthy Leeds JSCB Adult Safeguarding Partnership Board	Education Leeds Children Leeds Partners VCFS bodies through Leeds Voice CYP Forum and Leeds Voice Health Forum Leeds Colleges
Related strategies/ Plans	Indicators and targets
Children and Young People's Plan 2009 to 2014 (in preparation)	Number of children looked after (expressed as a rate per 10,000 excluding unaccompanied asylum seekers) Estimated number of staff employed by independent sector registered care services in the council area that have had some training on protection of adults whose circumstances make them vulnerable that is either funded or commissioned by LCC Target to be set following calculation of baseline